

# 21 Days of Prayer and Fasting

## **Matthew 18:19**

**Again I say to you, if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven.**

We designed this prayer guide to unite our church in prayer, trusting that God will work through us to accomplish more in our city, church, and families than we could ever imagine. Together, we'll focus on three major prayer themes every day, lifting them up with faith and expectation.

We will update this guide daily with 21 days of scripture, devotionals, and prayer prompts to inspire and deepen your prayer journey. Join us as we seek the Lord and experience the power of the one whom we pray to together!

### **CHURCH WIDE DAILY PRAYERS:**

1. **Pray for families** to be strengthened during 21 days of P&F.
  - a. Pray for marriages.
  - b. Pray for parents.
  - c. Pray for singles.
  - d. Pray for our Next Generation (Kids & Youth) ministries at Favor.
2. **Pray for the lost** in our city to respond to the gospel in 2025.
  - a. We have a goal of **15 baptisms** before Easter weekend.
  - b. We have a goal to reach **100 more people** before Easter weekend.
  - c. We have a goal to bring on a **new church planting resident in 2025**. Pray the Lord sends this laborer!
3. **Pray for our church** to find genuine friendships & community.
  - a. We have a goal to enroll **100 people** to Small Groups this semester.
  - b. We have a goal to add **25 new serve team members** this semester.

# **21 DAYS OF PRAYER AND FASTING: DAY 12**

## **SCRIPTURE:**

**Matthew 6:33 (ESV)**

**But seek first the kingdom of God and his righteousness, and all these things will be added to you.**

## **DEVO:**

What's the first thing you do when you wake up? Maybe you scroll on your phone, make a cup of coffee, check the weather, take a shower, the list goes on. When it comes to our priorities we either choose what's more important, most urgent or most convenient. Jesus shows us here that when we put our energy first into what's most important, the kingdom of God, everything else will fall into place. Seeking first the kingdom of God is about putting the King on the throne of every facet of your life. When you give God the first moments of your day and the first fruits of your finances, He will maximize your time and provide for your every need. When you make prayer your first response in a crisis or when you're seeking discernment, He will add to you all the comfort and wisdom that you need.

## **PRAYER GUIDE:**

### **Reverence:**

God, I honor you for being a good king over my \_\_\_\_\_.

### **Response:**

I will seek you first in my \_\_\_\_\_.

### **Request:**

As I seek you first add \_\_\_\_\_ to my life.

# **21 DAYS OF PRAYER AND FASTING: DAY 1**

## **SCRIPTURE:**

### **Psalm 1:1–3**

**1 Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;**

**2 but his delight is in the law of the LORD, and on his law he meditates day and night.**

**3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. (ESV)**

## **DEVO:**

Have you ever spent time with someone who has an accent and found yourself subconsciously mimicking it? We naturally reflect those we spend the most time with. If we dwell with people who dishonor the Lord, we may start to do the same.

The good news is that the opposite is also true—when we spend more time with Jesus, we begin to look like Him. His love, grace, and truth shape our actions, words, and attitudes. The more we dwell in His presence, the more our lives reflect His character to the world around us.

## **PRAYER GUIDE:**

### **Reverence:**

Lord, I delight in your law that says \_\_\_\_\_.

### **Response:**

I will walk in the counsel of \_\_\_\_\_.

### **Request:**

Lord, will you prosper \_\_\_\_\_.

# **21 DAYS OF PRAYER AND FASTING: DAY 2**

## **SCRIPTURE:**

**John 15:4-5 ESV**

**4 Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. 5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.**

## **DEVO:**

God's calling is not about striving to do more for Him but about being with Him. Abiding in Christ is the foundation of a fruitful life. The harder we try to produce results apart from Him, the more impossible it becomes. True fruitfulness flows from intimacy with the Father, as His Spirit works through us.

Jesus reminds us that apart from Him, we can do nothing. This truth frees us from self-reliance and calls us to surrender. When we dwell in His presence, His life flows through us, naturally producing the fruit that glorifies Him.

## **PRAYER GUIDE:**

### **Reverence:**

Lord, I delight in your law that says \_\_\_\_\_.

### **Response:**

I will remain in you by \_\_\_\_\_.

### **Request:**

Lord, help me to bear fruit that reflects \_\_\_\_\_.

# **21 DAYS OF PRAYER AND FASTING: DAY 3**

## **SCRIPTURE:**

**1 Corinthians 10:31**

**31 So, whether you eat or drink, or whatever you do, do all to the glory of God.  
(ESV)**

## **DEVO:**

Malcolm Gladwell says it takes 10,000 hours to become world-class at anything. If your time with God is limited to weekly church services, it would take over 100 years to even scratch the surface. But God calls us to more than a few hours a week—He invites us to let Him infiltrate every thought, action, and moment.

When we live fully surrendered, abiding in Him daily, the impact is immeasurable. God uses a heart consistently connected to Him to bear fruit and transform lives. Imagine what He could do if every moment was surrounded by His presence.

## **PRAYER GUIDE:**

### **Reverence:**

Lord, I praise you for \_\_\_\_\_. (Food)

### **Response:**

I will give you glory even when \_\_\_\_\_.

### **Request:**

Lord, Help me to glorify you in \_\_\_\_\_.

# **21 DAYS OF PRAYER AND FASTING: DAY 4**

## **SCRIPTURE:**

**Matthew 17:19–20**

**19 Then the disciples came to Jesus privately and said, “Why could we not cast it out?” 20 He said to them, “Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move, and nothing will be impossible for you.” (ESV)**

## **DEVO:**

What’s the most incredible thing God has ever done? Speaking stars into existence? Creating man from dirt? Splitting the Red Sea? Raising Jesus from the dead? The truth is, there’s nothing God cannot do.

We don’t need huge faith; we only need tiny faith in a God who is infinitely powerful. He specializes in the impossible. What are you asking God for that only He can do? Trust in His limitless power and bring your requests to Him, no matter how impossible they seem. Even tiny faith in a huge God can move mountains.

## **PRAYER GUIDE:**

### **Reverence:**

Lord, I praise you for the Miracle of \_\_\_\_\_.

### **Response:**

I will trust God with \_\_\_\_\_.

### **Request:**

Lord, will you \_\_\_\_\_. (God-sized prayer)

# **21 DAYS OF PRAYER AND FASTING: DAY 5**

## **SCRIPTURE:**

**John 14:26**

**26 But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. (ESV)**

## **DEVO:**

Jesus didn't leave us to figure life out on our own. He sent the Holy Spirit to teach us, guide us, and remind us of His truth. The Spirit works in our hearts, bringing clarity to God's Word and helping us apply it to our daily lives.

When we face challenges or feel lost, we can trust the Spirit to reveal what we need. He equips us with wisdom and strength far beyond our own. Are you listening for His voice today? The Spirit is always ready to lead you closer to Christ and His purposes.

## **PRAYER GUIDE:**

### **Reverence:**

Holy Spirit, I worship you for guiding me in \_\_\_\_\_.

### **Response:**

I will trust the Holy Spirit for \_\_\_\_\_.

### **Request:**

Lord, teach me \_\_\_\_\_.

# **21 DAYS OF PRAYER AND FASTING: DAY 6**

## **SCRIPTURE:**

### **Galatians 6:1-2 (ESV)**

**Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. 2 Bear one another's burdens, and so fulfill the law of Christ.**

## **DEVO:**

What's the most important rule in your house? Taking off your shoes inside? Keeping the kitchen clean? Pitching in with the laundry? Everyone's house is different. In God's house, aka the church, the most important rules are relational. Love God and love others. There are many things you can get right when it comes to religion but if you get this wrong, you missed the whole point. How can you "bear one another's burdens" today? Who in your life needs an encouraging text, a lunch invitation, a word of advice, some financial aid or simply a listening ear? You can be like Christ today when you simply, "bear one another's burdens."

## **PRAYER GUIDE:**

### **Reverence:**

God your \_\_\_\_\_ is perfect.

### **Response:**

I will bear another's burdens by \_\_\_\_\_ .

### **Request:**

Lord, lighten my burden of \_\_\_\_\_ .



# **21 DAYS OF PRAYER AND FASTING: DAY 7**

## **SCRIPTURE:**

### **John 13:34-35 (ESV)**

**A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. 35 By this all people will know that you are my disciples, if you have love for one another.”**

## **DEVO:**

It is often said that, “hurt people, hurt people.” Unfortunately this is proven true in our lives and others as we project the hurt done to us onto other people. However, the reverse is also true – loved people have a greater capacity to love people. Jesus is challenging us here to love people based on the unconditional love you’ve received from God not the conditional love or hurt you’ve received from man. As you go about your day, be reminded of the unconditional love God has toward you and ask that He would empower you to share that same love with others.

## **PRAYER GUIDE:**

### **Reverence:**

God, you have shown your love by \_\_\_\_\_.

### **Response:**

I will show your unconditional love to \_\_\_\_\_.

### **Request:**

God, help me choose to trust your love over the hurt of \_\_\_\_\_.

# **21 DAYS OF PRAYER AND FASTING: DAY 8**

## **SCRIPTURE:**

**1 Peter 4:8-10 (ESV)**

**8 Above all, keep loving one another earnestly, since love covers a multitude of sins. 9 Show hospitality to one another without grumbling. 10 As each has received a gift, use it to serve one another, as good stewards of God's varied grace**

## **DEVO:**

What's something you're good at? If you're good with cars and you've probably helped someone with car trouble. If you're a great cook and you've offered to provide meals for a friend while they were sick. If you're good at math you've probably helped classmates understand problems or friends learn to budget.

What's the principle? We were designed to use our giftedness to serve one another. What are some ways that God is challenging you to use your giftedness in greater measure? Maybe its taking a leadership role at church, stepping up at work, serving the less fortunate in your city or tutoring youth in your area.

1 thing is for sure. You ARE gifted and your family, our church and your city need your gift!

## **PRAYER GUIDE:**

### **Reverence:**

God, you've shown your grace in my life by \_\_\_\_\_.

### **Response:**

I will serve others through my gift of \_\_\_\_\_.

### **Request:**

Lord, help me develop a heart to serve \_\_\_\_\_.

# **21 DAYS OF PRAYER AND FASTING: DAY 9**

## **SCRIPTURE:**

**Romans 12:10 (ESV)**

**Love one another with brotherly affection. Outdo one another in showing honor.**

## **DEVO:**

Have you ever let your competitive nature get the best of you? Maybe you lost your temper in sports, yelled at a referee or gloated too much after beating your kids in a game of trouble. Whatever the case, we've all let competition get the better of us in a negative way. While being competitive can bring the worst out in us, Paul shows us here that we can use it to highlight the best parts of others. In fact, this is the only place in scripture where we are told to compete against one another. We should aggressively show one another honor. How can you honor someone today? Maybe it's words of affirmation, public praise or even a gift. There are many ways we can honor one another and Paul says we should look for every opportunity to raise the bar of honor amongst our community!

## **PRAYER GUIDE:**

### **Reverence:**

God, I honor you as my \_\_\_\_\_.

### **Response:**

Today, I will honor my \_\_\_\_\_.

### **Request:**

Holy Spirit, give me the strength to give and receive honor.

# **21 DAYS OF PRAYER AND FASTING: DAY 10**

## **SCRIPTURE:**

### **James 5:16 (ESV)**

**Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.**

## **DEVO:**

Why is our first instinct to cover up our sins? Whether you're a kid that broke a lamp or an adult making a huge mistake at work our first thought is often, "I hope nobody finds out!" James flips this mentality upside down when he shows us that confession is actually the key ingredient to healing. Do you feel like you're sick? Depressed? Constantly angry? Holding onto bitterness? Can't forgive? Odds are you have hidden sin in your life that is keeping you from experiencing the healing of God's grace.

Who could you trust with your sin? Who in your life is walking with Jesus and wants the best for you? Pray about confessing your sin to them so that you can be healed.

## **PRAYER GUIDE:**

### **Reverence:**

God, I praise you for healing my \_\_\_\_\_ .

### **Response:**

Today, I will confess my sin of \_\_\_\_\_ .

### **Request:**

Lord, heal me of \_\_\_\_\_ .

# **21 DAYS OF PRAYER AND FASTING: DAY 11**

## **SCRIPTURE:**

### **Ephesians 4:32 (ESV)**

**Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.**

## **DEVO:**

For some, running a mile feels impossible, while to others, it's just a warmup. But we can all agree that running 100 miles is a whole different challenge. It's all about perspective. In the same way, God calls us to compare the wrongs we've experienced to the grace we've received in Jesus. This doesn't diminish the pain of those wrongs—it simply highlights how immeasurably greater God's forgiveness is. His grace is overwhelming, limitless, and undeserved. I encourage you to reflect on all that God has forgiven you of. Let that perspective fuel your steps toward forgiving others—and even yourself. Forgiveness isn't just for the other person; it's about releasing the burden and stepping into the freedom and joy God wants for you.

## **PRAYER GUIDE:**

### **Reverence:**

Thank you for forgiving me for \_\_\_\_\_.

### **Response:**

I will forgive \_\_\_\_\_.

### **Request:**

Lord, will you help me to forgive myself for \_\_\_\_\_.