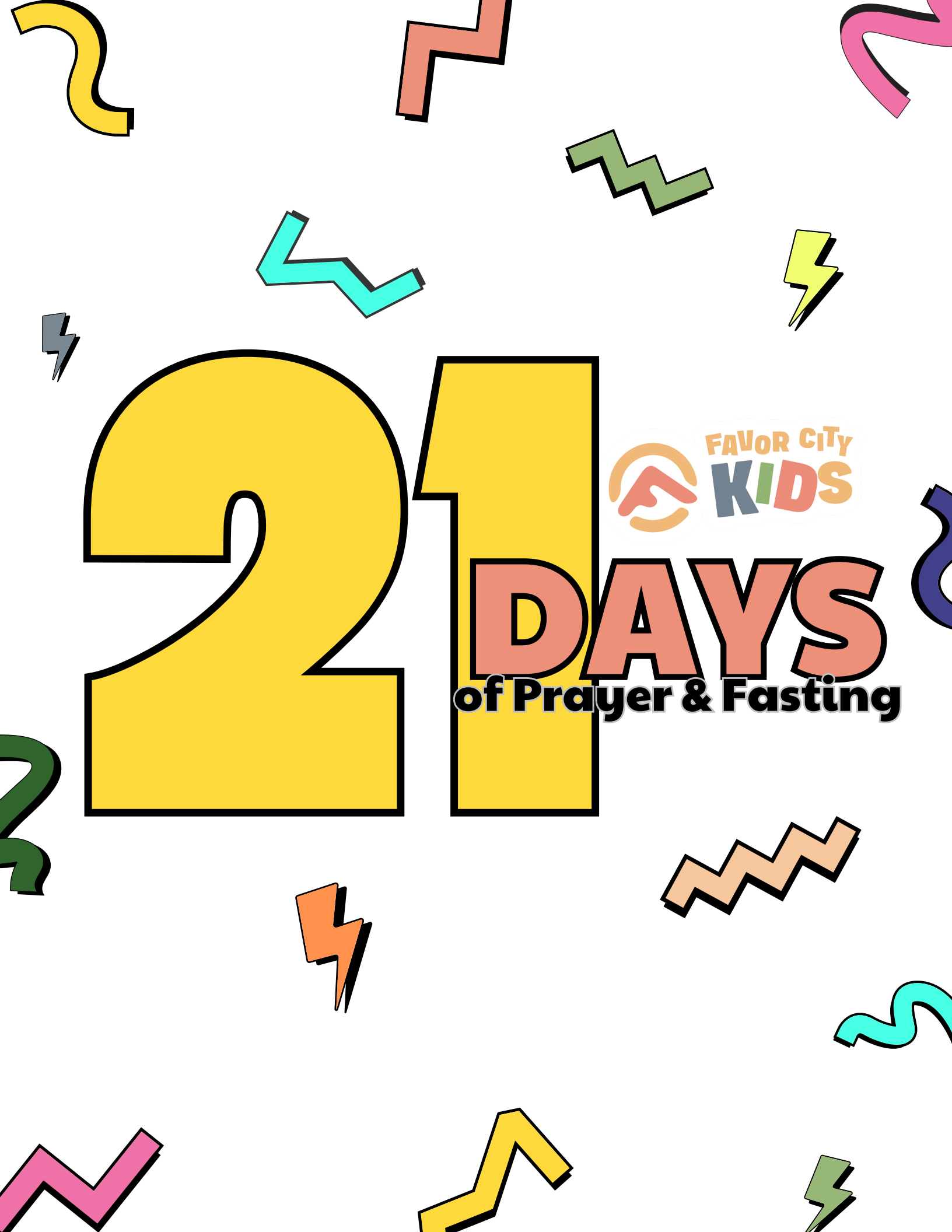


21



**DAYS**  
of Prayer & Fasting





# INTRO TO FASTING

**FASTING-** abstaining from food to focus on being sustained by Christ.

**The goal of fasting is to draw near to God.**

**Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out.**

**It also enables us to celebrate the goodness and mercy of God and prepares our hearts for all the good things God desires to bring into our lives.**

**Remember, your personal fast should present a level of challenge,**

**but it is very important to know your body, your options, and, most importantly, to seek God in prayer and follow what the Holy Spirit leads you to do.**

**"Fasting trains us to trade short-term satisfaction for long-term purpose"**

**-PASTOR JOSEPH**




## TYPES OF FAST:



### DIGITAL FAST

Another great way for kids to fast is by reducing some of the SCREEN time .

Less time spent watching TV, playing video games, or using the computer or phone.



Instead, encourage them to spend time praying, doing daily devotions, reading their Bible, or serving others.




### MAKING DIFFERENT FOOD CHOICES

We do not recommend that children skip meals or drastically reduce their food intake, but a modification of their diet might prove to be an easy place to start.

Fasting from specific items such as sweets, foods, sodas, or even meat and bread is a great way for children to participate in a safe and healthy way.

They could also simply choose healthy foods for snacking instead of "junk food".

Please note, you should always check with your child's pediatrician before beginning any food fasting with your children.





## **WHAT IS PRAYER?**

**Prayer is simply talking with God.**

 **Prayer is not only something that we should feel like we have to do, but it should be something that we want to do.**

**The more we learn about prayer, the more natural it becomes.**

**It's like talking with your best friend all the time.**

**Prayer and talking with Jesus should be the best and most fun part of our day!**

**Prayer should be part of our everyday life.**

**You can pray --**

**Before the start of the day**

**Before you head to school**

**Before you hang out with your friends**

**Before practice**

**Before you compete in a big game**

**Before you go to bed**

**When something bad happens**

**When something good happens**

**In every situation, we should PRAY FIRST!**



# Day 1: 01/13

## SEEK GOD'S KINGDOM FIRST

### Devotional

Life with Jesus is such an amazing adventure. The Bible tells us in Matthew 6:33 to seek FIRST God's kingdom and all these things will be added. Imagine a treasure hunt where the prize is more valuable than anything you can imagine! God's kingdom is that treasure, full of love, joy, and everything you need. God's kingdom is the best prize and God promises that we will find Him if we look for Him with all our heart. We can experience God's kingdom here on earth in our everyday lives. We simply need to choose to seek God's kingdom first before anything else. All day long, look for God and his kingdom in the big and small things. God will guide you to more of His kingdom and more of His treasure here on earth.

### PRAY IT OUT

Dear Lord, thank you for the chance we get everyday to seek and find your kingdom in our daily lives. You promise we will find you if we seek you with all our hearts. Help me to look for you in everything so that I can find you. I know I am a kingdom kid.  
In Jesus Name, Amen.

### DIVE DEEPER.

*Matthew 6:33, 2 Chronicles 7:14,  
Deuteronomy 4:29*

### TALK IT OUT.

Discuss what it means to seek God's kingdom first as a family.

- What do you think "seeking God's kingdom first" means in our everyday lives?
- What "treasures" have you found by seeking God's kingdom first?



# **The Lord's Prayer**

As a family let's learn the Lord's prayer



## **Matthew 6:9–13**

**"Our Father which art in Heaven  
Hallowed be thy name  
Thy Kingdom come,  
Thy will be done  
as it is in Heaven**

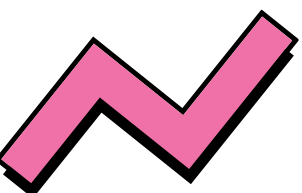
**Give us this day our daily bread.**

**And forgive us our debts,  
as we forgive our debtors.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the glory  
and the power, forever.**

**Amen."**





# Day 2: 01/14

## THANK GOD FOR A NEW DAY



### Devotional

Lord, thank you for a brand new day! As you walk into this day remember the goodness that God has given to you and your family. Today is a day that the Lord has made and we get the opportunity to rejoice and be glad in it. As you go throughout the day, think about how you can use the grace that God has given you to show love to those around you. How can you align your heart and mind to the mind of Christ? Psalm 106:1 says “Praise the Lord! Give thanks to the Lord, for he is good! His faithful love endures forever.” Let this verse be a guiding path throughout the day. As you think about your actions and ways, allow God to speak and move in them. Create an opportunity to allow God to change your ways so that we can align with Him. As a family, choose to lay down your fear or motives and thank God for His goodness in your life. Give thanks to the Lord for He is good! As a family, you can shift your mindset to thankfulness and gratitude, and there is where God will meet you in all you do.




### PRAY IT OUT

Dear God, thank you for giving me a new day  
with new grace. Help me to use  
this day to show your love to everyone  
around me. Give me joy as I walk  
throughout my day and help my actions  
reflect you. I love you.  
In Jesus' name, Amen.



### DIVE DEEPER.



*Psalms 51:10, Proverbs 21:2,  
Psalms 119:9*



# ACTIVITY TIME

**Spend time as a family choosing one way you are going to show the love of Jesus today. Maybe it is on the playground at school or maybe it is to each other. Write them down, talk about them, and draw a picture that reminds you of this act of love.**



# Day 3: 01/15

## I WANT TO THINK LIKE JESUS

### Devotional

Today, let's discover the power of transforming our minds. God wants us to think about things that are good, true, and full of joy. When we choose to see things the way that God sees them, we are choosing to transform or "change" our minds. How we think impacts how we speak and act. If we think like Jesus, it becomes more natural for us to speak and act like Jesus with our family, with our friends, and even to ourselves. You're probably wondering how you can change your mind. Well, you can meditate on what God says about you and read His word. God's word is filled with His truth about you. Pick a scripture and write it down. As you do, practice repeating it out loud over yourself. Let your mind be renewed as you meditate on God's word.

### PRAY IT OUT

Jesus, help me to change the way I think to look more like you.  
Renew my mind as I let your word sink into my heart. Amen.

### DIVE DEEPER.

*Romans 12:2, 2 Corinthians 10:5,  
Philippians 4:8, Romans 8:6*

### TALK IT OUT.

Discuss the importance of transforming your minds as a family.

-What does it mean to have a transformed mind, and how can it impact our daily lives?



# ACTIVITY TIME

**Fill in the stars with positive things about yourself.  
Connect the stars to form a constellation of  
transformed thoughts.**



# Day 4: 01/16

## IT'S TIME TO GROW

### Devotional

Just like the trees you see around you, we all get the opportunity to grow. Whether you are 3 years old or 55 years old, the opportunity for growth is everywhere! We see growth in the creation that God made, in the people around us, and even in our minds, bodies, and hearts. Growth is not a one-time thing, but a lifelong process. Growth happens when you go to school when you play with your friends, and when you spend time as a family. You can find growth in all that you do. Also, we all get the opportunity to grow our relationship with God. When we choose to put God first in our lives and spend time with Him, we will see growth. In Psalm 1, it talks about trees being planted by the stream. When the trees are planted by the stream we see that there is fruit in every season. In these verses think of us as the tree and the stream as God. When we plant ourselves close to God and spend time with Him, we will continue to grow and produce fruit. This allows us to grow in our faith, love, joy and so many other gifts that the Lord wants to give us. Today, as you are walking throughout your day look for moments in which God may want to grow you.

### PRAY IT OUT

Dear God, Thank you for helping us grow.

As we continue to walk out our life with you, help us stay planted so we can grow and produce fruit for you . Lord , in this season I ask that you continue to grow our family in \_\_\_\_\_.

We thank you so much for who you are and who you have made us to be . Be with us as we continue to seek you. We love you! In Jesus' name. Amen.

### DIVE DEEPER.

*Psalms 107:8-9, Psalm 63:1, Psalm 34:8,  
Jeremiah 29:13, Ephesians 4:15-16,  
Psalm 1:1-4*



# GROW IN GOD

As a family, write each of your names in the tree.

Around each of the names write down where that person would like to grow. Hang that tree up and as you continue in the upcoming weeks continue to pray for growth and watch God work in ways only He can.



# Day 5: 01/17

## I WANT TO BE WHO GOD WANTS ME TO BE

### Devotional

Today, let's explore the divine vision and direction God has for our lives. Just like an architect has a plan before building a house, God has an amazing plan for each of us. God's plans for us are perfect and usually beyond our wildest dreams. We can invite the Holy Spirit into our dreams with God to create a vision for our lives. We can get a vision for every part of our lives. Vision is wonderful and vision gives us direction. All that means is that vision is what we see and direction is where we go. God wants us to have both as we grow closer to Him. Focus some time today asking God to give you and your family a vision for your future and direction as you live day by day. God wants to let us in on His divine plans for us.

### PRAY IT OUT

Lord, thank you for leading and guiding every step of our lives. As we continue to seek you, bring guidance, understanding, and love. Lord as a family we submit to your plans and the purpose you have for us. Show us the way to go and guide our steps. Thank you that you are a good God, that will help us walk in faith. In Jesus' name , I pray, Amen.

### DIVE DEEPER.

*Habakkuk 2:2-3, Proverbs 29:18,  
Proverbs 3:5-6, John 16:13*

### TALK IT OUT.

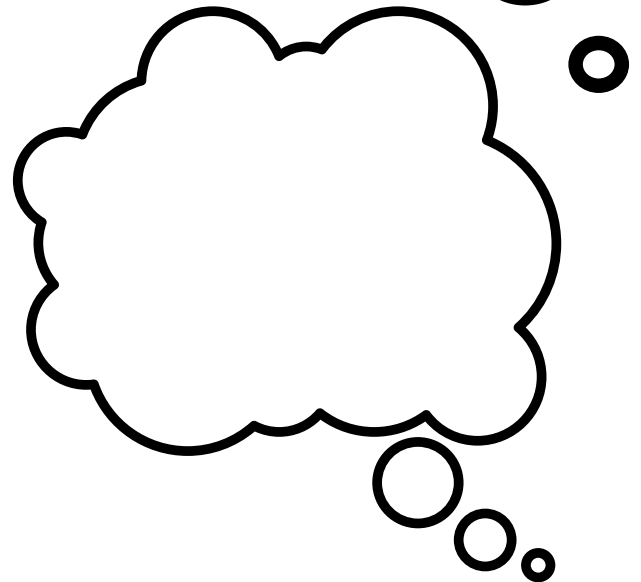
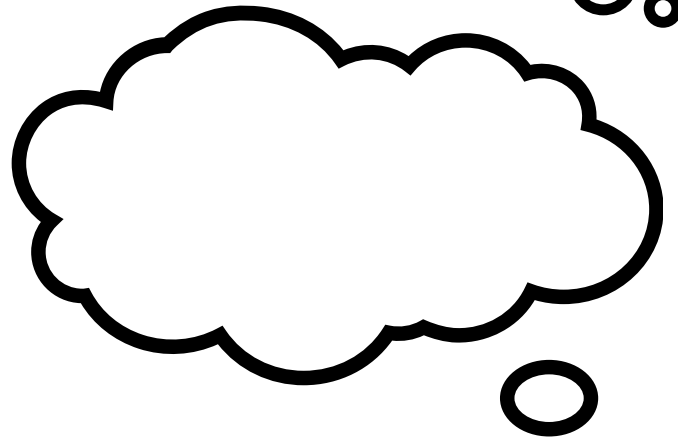
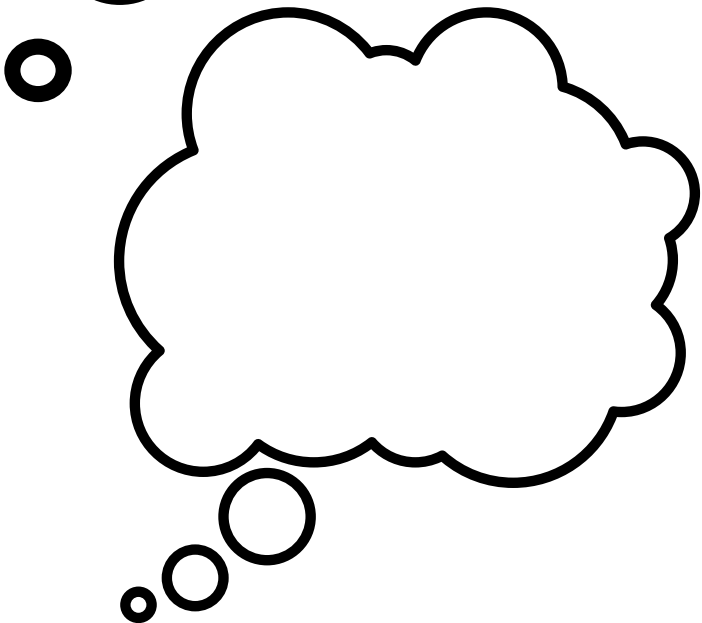
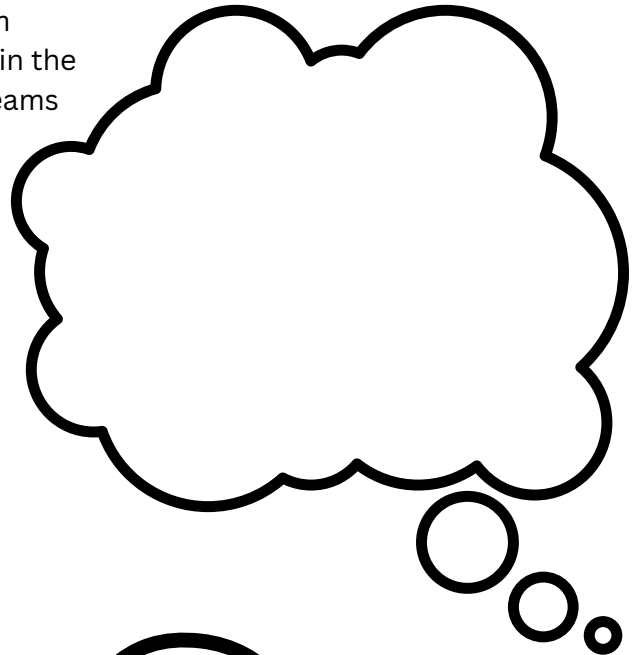
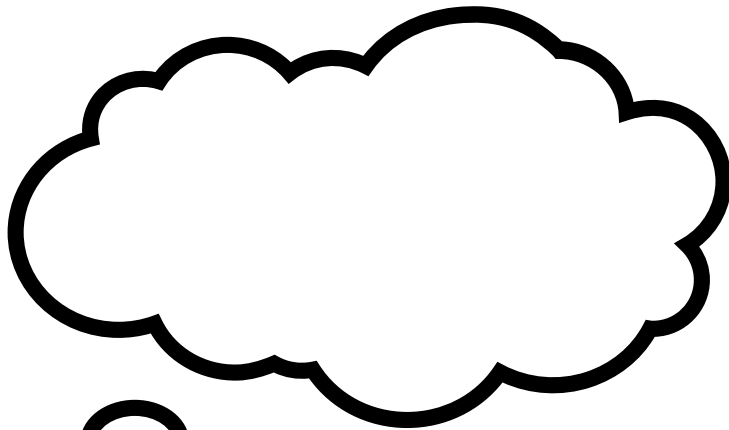
Discuss the importance of divine vision and direction in your family.

-How do you think having a divine vision can positively impact our family life?

-What are some ways we can seek and understand God's direction for our lives?

# ACTIVITY TIME

Create a "Dream Collage!" Cut out pictures or words from magazines that represent your dreams and goals. Paste them in the clouds to create a collage. As you create, think about the dreams God has placed in your heart.



As a family talk about the wonderful plans God has for each of you. Remember, God's vision is the best guide for our lives!

# Day 6: 01/18

## HOLY SPIRIT, I NEED YOUR POWER

### Devotional

Today, let's explore the amazing power of the Holy Spirit. Imagine life is a big, exciting journey, and we have this incredible navigator with us. That navigator is the Holy Spirit! Think of the Holy Spirit as the ultimate GPS, helping us find our way in the adventure of life. You know, in Luke 24:49, Jesus promised His friends something awesome like a compass for life. Think of the Holy Spirit as your guide, always there to steer you in the right direction. It's a bit like having a special treasure map! When you're happy or when things get tricky, the Holy Spirit is there, guiding you like a treasure map guiding you the right way to go. Let's tune in to the Holy Spirit's signals, just like listening for clues on a treasure hunt. Our joy, our exciting moments, they're all part of the journey with our fantastic navigator, the Holy Spirit!

### PRAY IT OUT

Holy Spirit, we need your power everyday. You, are our helper and our counselor. We want you to come into our lives and guide our family into more of your fruit. Thank you, that you are within us and active through us .

In Jesus' name, Amen.

### DIVE DEEPER.

*Luke 24:49, Romans 8:26, 1 Corinthians 2:13*

# Day 7: 01/19

## GIVE ME STRENGTH

### Devotional

In 2 Corinthians 12:9 it says “And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” This is a good reminder to all of us that we all have weaknesses, and that is okay. We are not called to be perfect in this world, we are called to rely on God for strength in situations that only He could give us strength in. I want you to think about what you may need extra strength in. No matter what you may have said or what came to your head, know that God has enough strength for you. He has enough strength for all of it. All we need to do is ask Him to give us strength as we continue to walk in what He has asked us to do. We don't have to fear for the future because no matter what, the future holds, we don't have to hold. Take off the weight of holding on to everything and let God give you strength. Allow God to walk with you in all you do and let your family be a family that trusts in God's strength more than your own.

### PRAY IT OUT

God, thank you for giving us strength. Strength that only you can give us. Lord, we pray that you will pour strength onto us as we continue to walk with you. Help us learn from our weakness and rely on you more and more everyday .  
We love you! In Jesus' name, Amen.

### DIVE DEEPER.

*1 Corinthians 1:10, Ephesians 4:3-4,  
Colossians 3:13-14*



# Day 8: 01/20

## DON'T GIVE UP!



### Devotional


Sometimes in life, it can be easy to give up. Maybe we get frustrated with our brother, sister, or friend. Sometimes we get frustrated with ourselves. Maybe homework is hard, we can't learn how to ride a bike or maybe it is something else. When it comes to giving up, sometimes it may seem easier, but let me tell you DON'T GIVE UP! The Bible says that faith is trust, confidence, and assurance in God. Faith is what we hope for that we cannot see but we know to be true! To have perseverance, we need to operate from a place of victory and confidence as we place our trust in God. From the small details to the major milestones, when we trust in God, our perseverance becomes strengthened. We get to choose to trust God. How cool is that!



### PRAY IT OUT

Dear God, Thank you for today. Lord help us to not give up! Give us perseverance and love for one another. Allow us to walk in the grace and love you have given us. Lord, give us strength as we walk out our day! In Jesus' name, Amen.

### DIVE DEEPER.



*Psalms 51:10, Proverbs 21:2,  
Psalms 119:9*





# Day 9: 01/21

## I WANT TO LOVE LIKE JESUS

### Devotional

God has given us a great gift to each other. We can love! It's not like superhero flying or laser eyes, but it's even more amazing. In simple words, love is like our super glue – it keeps us close and strong. In Mark 12:30-31, Jesus said, "Love God and love others".

God gives us instructions on how to love. He shows us that the Bible is the playbook of how to love. Picture it this way: love is our tool for strong relationships. So, let's choose to love one another every day. It's not all about big gestures, just little acts of kindness. Love is one of the main ways that we can look like Jesus to the outside world. How can you show love today?

### **PRAY IT OUT**

Dear God, Help me to love others like you.  
Help me to reflect your love to the world.  
In Jesus' name, Amen.

### **DIVE DEEPER.**

*1 John 4:19, 1 John 4:7-10, Mark 12:30-31, 1  
Corinthians 13:4-8*

# Day 10: 01/22

## PEACE IN ALL THINGS!

### Devotional

Peace is such an incredible gift from God. When we give our lives to God, we can receive many gifts, one of them being peace. That way when we walk through anything in life we can have the peace of God in everything we do. Whether you are having a great day or a hard day, peace is your portion. 2 Thessalonians 3:16 says “Now may the Lord of peace himself give you his peace at all times and in every situation. The Lord be with you all.

” This not only shows us the peace that the Lord gives us at all times but is a great reminder that God is peace. One of the many characteristics of God is also a gift to His people. Everyday when we wake up we have the opportunity to accept God’s peace and utilize it in our everyday life.

### PRAY IT OUT

Dear God, thank you for giving us peace and being our peace. Today we are asking that you give us more peace as we walk through our day. Allow us to use your peace everyday and share it with those who need it .

We love you! In Jesus’ name, Amen.

### DIVE DEEPER.

*1Matthew 5:9, John 16:33, 2 Thessalonians 3:16, Isaiah 26:3, John 14:27*

# ACTIVITY TIME

**We see that Jesus had a certain place where He would go to pray. We need to have a place that doesn't have any distractions, noises, or things that would keep us from focusing on Jesus.**

**Write down your favorite time or draw your favorite place to pray. Plan to pray in that place regularly as you grow with God.**

WRITE YOUR FAVORITE TIME AND DRAW YOUR FAVORITE PLACE





# Day 11: 01/23

## THE IMPORTANCE OF GOD'S WORD



### Devotional

As your family continues to seek God first, it is important to remember how we can seek God more. One of the ways is through reading the Word of God. The Bible is a great resource for you and your family to learn about God and learn how we should live. 2 Timothy 3:16-17 says “All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work. The Bible can be used to help teach, guide, and also for the whole family to know who God is. Spending time in God’s word as a family can bring you closer to God and closer as a family. With the help of God, as you read and dig into the Bible, God will also start to reveal new knowledge to your family and you will find fullness. The Bible is called the daily bread because it is something we all need daily. As we choose to dig into the Word, God will fill us up and bring more of His presence into our lives.



### PRAY IT OUT

Lord, thank you for giving us the Bible, your living and breathing Word. As we choose to read your Word, give us a new revelation. Guide and direct our steps as we choose to seek you and live according to your Word. Thank you for giving us all we need to follow and love you. Help us be in tune with what you are speaking and where you are leading us. We love you, Lord. Amen.



### DIVE DEEPER.

*2 Timothy 3:16-17, Psalm 119:105, Isaiah 40:8*



# Day 12: 01/24

## MIRACLES, SIGNS, AND WONDERS

### Devotional

Ever notice those unexpected moments that feel like a surprise gift? It's like life composing a beautiful symphony of miracles, signs, and wonders. In Acts 4:29-31, the disciples asked God for courage, and He responded with incredible signs—a way of saying, "I'm here, cheering you on!"

Our family's stories are filled with everyday miracles—the shared laughter, unexpected kindness, and moments that light up our days. These aren't tricks; they're glimpses of God's love in action.

So, let's tune in to the symphony of surprises around us. Miracles don't have to be flashy; they're the simple notes that make your family song extraordinary. Each smile, each helping hand—they're God's way of showing His love. The more we listen, the more we'll hear His beautiful melody every day.

We can expect to see God's miracles, signs, and wonders when we put our faith in him.

### PRAY IT OUT

Lord we want to believe in your miracles, signs, and wonders. Help us to put our faith in you as a family for your miracle-working power is alive and active in our lives. In Jesus' name, Amen.

### DIVE DEEPER.

*Acts 4:29-31 John 14:12-13 Luke 8:43-48 Mark 16:20*

# Day 13: 01/25

## JOY OF THE LORD

### Devotional

Today, let's celebrate the incredible joy that comes from trusting in the Lord. God's joy is not like the happiness we find in things; it's a deep, lasting joy that comes from knowing and trusting Him. Joy is our strength when we may be weak. We can choose to be joyful no matter what the circumstances. As a family, you can cultivate intentional spaces of joy in your home and relationships. Invite God into your daily life to help you to see the many reasons why you can have joy. God has been so good to each of us and joy is an everlasting truth that we can hold on to because of who God is to us.

### PRAY IT OUT

God, help me to choose joy. May our family be known for our joy as we anchor ourselves in that fruit of the spirit. We want your Joy always.  
In Jesus' name, amen.

### DIVE DEEPER.

*Romans 15:13, Philippians 4:4, James 1:2-3, John 16:24,  
Proverbs 17:22, Isaiah 9:3, 1 Peter 1:8-9,  
Nehemiah 8:10, Psalm 16:11, Psalm 30:5*

### TALK IT OUT.

Gather your family and discuss the importance of joy in your family. Here are some questions to guide your discussion:


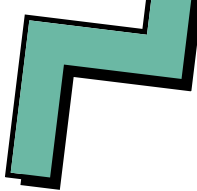

- How does the joy of the Lord strengthen us, especially in challenging times?
- What are some ways we can cultivate joy in our family?
- Share a moment when you experienced God's joy, and how it impacted you.

Encourage each other to choose joy daily, finding happiness in God's love and presence.

# ACTIVITY TIME

**Create a "Joyful Artwork"! Use vibrant colors to paint or draw a picture that represents the joy you feel in your heart because of God's love. As you create, think about the things that bring true joy. Share your Joyful Artwork with your family and discuss moments when you've experienced the joy of the Lord. Remember, God's joy is our strength!**





# Day 14: 01/26

## GROW IN WISDOM


### Devotional

Wisdom is an important part of our walk with God. Throughout God's Word, we see many references to the importance of wisdom in our everyday life. Proverbs is one of the many books that talk about the importance of wisdom. Proverbs 2:6-7 says "For the Lord grants wisdom! From his mouth comes knowledge and understanding. He grants a treasure of common sense to the honest. He is a shield to those who walk with integrity."

These verses show us that wisdom is important, but it is also something that God will give to us over and over. We can walk and learn in wisdom as we continue to walk with God in all we do. As a family, wisdom can help you grow together and allow you to learn that no matter what you may be walking through, the Lord has wisdom that He wants to give you and your family.



### PRAY IT OUT



Dear God, thank you for Your wisdom. Allow us to continue to grow in wisdom as a family, Allow us to continually ask you for wisdom as you lead our lives  
We love you ! In Jesus' name, Amen.



### DIVE DEEPER.

*Proverbs 2:6-7, Proverbs 16:16, Proverbs 19:8*







# Day 15: 01/27

## GOD, I WANT TO TRUST IN YOUR PLAN

### Devotional

Life can sometimes feel like a wild ride, with twists and turns we didn't see coming. Yet, in the midst of it all, there's a rock-solid anchor: trusting in God's plan. Proverbs 3:5-6 encourages us to trust God with all our hearts and lean not on our understanding. Think of life as a grand adventure, and God is the master planner. His plan may not always match ours, but it's like a masterpiece being revealed—one brushstroke at a time. When we trust in Him, it's like handing over the navigation to the ultimate GPS.

So, let's embrace the unknowns, knowing that God's plan is greater than we can imagine. When things get tough, remember Romans 8:28 tells us that “God works all things together for our good.” Trusting in His plan turns every chapter of your family's story into a beautiful journey filled with purpose and hope.

### PRAY IT OUT

Lord, Help us to surrender to your plan. God, we want to trust you more everyday. Guide us, as a family as we seek to trust in your perfect plan.

### DIVE DEEPER.

*Hebrews 11:1, Romans 10:17, Luke 2:52, Psalms 56:3-4, Psalms 37:5*

### TALK IT OUT.

Discuss the importance of trusting in God's plan. Here are some questions to guide your discussion:

- How do you feel when you trust God with your plans and future?
- What are some challenges to trusting in God's plan, and how can we overcome them as a family?
- Share a moment when you saw God's plan unfold in a way you didn't expect.

# ACTIVITY TIME

In the word below write down things you trust God with.

# TRUST

**"trust the Lord with all your heart"**

**-Proverbs 3:5**



# Day 16: 01/28

## GOD TAKES CARE OF ME

### Devotional

“God takes care of me!” Do you believe that? How have you seen that?! The truth is that the Lord will take care of all of your needs, small and large. We see this throughout scripture, like when God gives the Israelites manna in the wilderness for 40 years, God gives us Jesus as the Savior of the world and so many other instances in the Bible. What’s crazy is that even though there are so many examples of God’s provision in the Bible, He still takes care of us TODAY! How incredible is that? In Philippians 4:19 Paul says, “And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.” This tells us that through Jesus we can be taken care of by God. Don’t be afraid to ask God to help you. Even when we don’t know if we should ask, always remember that God wants to know and supply all our needs.

### PRAY IT OUT

Dear God, thank you for taking care of our family. Thank you that you see our needs and provide for us . Today, we ask Lord that you would provide our family with \_\_\_\_\_. Thank you in advance for all you are going to do. We love you! In Jesus’ name, Amen.

### DIVE DEEPER.

*Philippians 4:19 Matthew 6:25-26, 2 Corinthians 9:6-8*



# Day 17: 01/29

## GIVE ME SELF CONTROL



### Devotional

Self-control is one of the many fruits of the spirit. In 2 Timothy 1:7, it says “For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline.

” This verse lets us know that God gives us self-control or the ability to have control over one's self. Self-discipline looks different for everyone. Maybe for you, it is thinking about what you do before you do it or choosing to eat some of your fruit and vegetables before you have a sweet. Self-discipline is a process you work on your whole life. It is something that everyone has to work on. In the verse, it also talks about love and power. When we talk about these talk three things together, it shows us that without God we can not do these things. We get the opportunity to invite God into our process and help us demonstrate self-control, love, and power.





### PRAY IT OUT

Dear God, Thank you for giving me self-control. Help us as a family practice self-control in all we do so that we can glorify you. Thank you for giving us Jesus as an example as we continue to walk this journey.  
We love you. In Jesus' name, Amen



### DIVE DEEPER.



*2 Timothy 1:7, Proverbs 16:32, Proverbs 18:21, Proverbs 25:28, Romans 12:1-2, James 1:19-21, 2 Peter 1:3-11*



# Day 18: 01/30

## SPIRITUAL DISCERNMENT

### Devotional

God gives us the ability to understand what is right and wrong, helping us make wise choices in our lives. Ever feel like life is a mystery, and we need to figure out what's right and wrong? That's where spiritual discernment comes in—a bit like being detectives of the heart! Hebrews 5:14, says we can grow in discernment, kind of like superheroes leveling up. Spiritual discernment helps us recognize what's good and true in the big adventure of life. When you face choices, ask God for discernment. It's not about being perfect but learning to listen to that little nudge inside your heart, helping you make the best decisions. Let's grow together in spiritual discernment. As we learn to listen to God's whispers, your family becomes a team of wise investigators, navigating life's mysteries with courage and love

### PRAY IT OUT

Lord, Thank you for the ability to make wise choices . Help me to learn to listen to you and obey. You are in control and we will choose to listen to you daily. In Jesus' name , Amen.

### TALK IT OUT.

Here are some questions to guide your discussion with your family:

- What does it mean to have spiritual discernment, and why is it important?
- How can we actively seek God's guidance for making wise choices?

### DIVE DEEPER.

Hebrews 5:14, 1 Corinthians 2:14, James 1:5, Galatians 5:22-23



# Day 19: 01/31

## COMMITMENT TO THE CALL



### Devotional

God has a great and grand purpose for all of our lives. We all have a calling. Some callings are to teach, preach, play a sport, be in government, or even do something that has never been done before. God wants you to experience the fullness of His calling in your life. You can choose to answer the call whenever God shows you your calling. As a family, you have the calling to shine the light of Jesus to others in the way that you live. Today, reflect on the calling to be an example of having a relationship with Jesus and transformation in Christ. It is not about doing your calling perfectly but about answering God's call. He never stops speaking purposefully to us.

### **PRAY IT OUT**

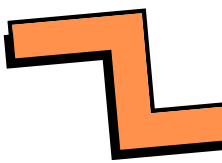

God , Thank you that you have given us an individual and collective calling.  
Our purpose on earth is to shine for you. Help us to choose that daily.  
In Jesus' name, Amen.



### **DIVE DEEPER.**



*1 Peter 1:5-10, 2 Timothy 1:9, Romans 11:29, 2  
Thessalonians 1:11*







# Day 20: 02/01

## PRAY ALWAYS

### Devotional

Pray it out is a key piece of any relationship with God. Spending time in prayer as a family allows us to put the focus on God and place Him first in our lives. At TC, prayer is our sauce. That means that it is our first response and not our last resort. We don't want prayer to be something that we do only when we need something, but something that we do all the time. As a family learning to make prayer your first response in all seasons will not only produce love and hope but help raise your kids as a prayer warrior. Pray with your kids, over your kids and never hesitate to pray throughout your day. Add prayer to your daily routine. Pray before you eat, before you sleep, while you are playing, or even in the car. With prayer the possibilities are endless. Teaching your kids that prayer is simply talking with God can create a practice for the whole family.

### PRAY IT OUT

Dear God, thank you for giving us prayer. Let us not forget how important it is to talk to you everyday. Lord, we lay down our lives to you and we are asking you to come and be with us. Help prayer be our first response and not our last resort. We love you, God. Amen!

### DIVE DEEPER.

*Ephesians 6:10-12, 2 Corinthians 10:3-5, Isaiah 54:17*

# Day 21: 02/02

## SHARING MY FAITH

### Devotional

Sharing your faith is an important part of building the kingdom of God. Before Jesus ascended into Heaven, He told the disciples (and us!) that we should go out and make disciples of all nations. This lets us know that our call to God is to go out and help share the good news of Jesus. The news that He came, died, and rose again for you and me! How cool is that! And when Jesus has saved our lives, we want others to know about it. We get the opportunity to tell our friends, family, and others around us and let God change their lives too. Now sharing our faith can sometimes be scary, but know that the Lord doesn't give us a spirit of fear. Instead, when we give our lives to Christ we will be filled with joy. That joy will radiate through all that we do. Use that joy in everything you do and in every conversation you have with people. When you use your joy to share the gospel with other people, you will see Jesus change their lives. Be bold, share your faith, and don't be afraid to speak up for who you believe in!

### PRAY IT OUT

Dear God, thank you for giving us Jesus, because of Jesus we get the opportunity to share our faith with others. Help us be bold as we share our faith with others. Give us joy and love for those around us.  
We love you, God. In Jesus' name, Amen.

### DIVE DEEPER.

*John 6:44, James 4:8, Ezekiel 37:1-14, Matthew 4:17*